



Lincoln Elementary School

Dr. Matthew E. McFarland Sr.
Principal

January 25, 2019

Important Announcements/Reminders

- ✓ Student Drop Off and Pick Ups – Please be cautious as you are dropping off your students in the morning for school. Please be sure not to block the crosswalk with your vehicles and look prior to pulling out. It is our goal to ensure that each student arrives safely to school.
- ✓ Attendance - If a student is absent for any reason, the student must bring a written explanation signed by the parent/guardian stating the reason for the absence. The excuse must be received by the school within three (3) school days of the absence. If a doctor treated the student, the excuse should be written by the doctor. Four (4) or more consecutive absences can be excused only with a note from the physician. Any student with ten (10) accumulated absences will be placed on a physician's note.
- ✓ ATTENTION LINCOLN STAFF EMAIL CHANGES: Effective November 12, 2018 all staff emails will change to @gasd-pa.org
For example, to email Matthew McFarland the following change will occur:
Previous Email: mmcfarland@gettysburg.k12.pa.us
New Email: mmcfarland@gasd-pa.org
The name portion of the email will stay the same however, the characters after the @ will change as indicated above.



Important Dates

January:

- ✓ 28th – Report Cards sent home
- ✓ 31st – Title I Family Literacy Night – Lincoln Café; 6-730

February:

- ✓ 1st – Jersey Day – Wear your favorite jersey or sports shirt
- ✓ 5th – PTO Meeting, Lincoln Café; 630
- ✓ 8th – Lincoln Shirt Day
- ✓ 12th – Spring Picture Day
- ✓ 14th – Wear Pink, Red, or White

Counselor's Corner

I wanted to extend a big thank you to those who donated to the recent clothing drive set up by the PTO. This was a huge success and I was able to supply much needed items to families in need. I received a lot of positive feedback about what we were able to give to our Lincoln families. I also want to give a shout out to the PTO for helping to organize the clothing drive and for their monetary donation for me to be able to continue to purchase coats and clothing for families in need. Just a reminder to families, if your child is in need of a coat this winter or other warm clothing items, please do not hesitate to contact me!

Recently we had a guest speaker from the Highmark Caring Place in our 3rd and 5th grade classrooms. The



Highmark Caring Place is a place that specializes and grief and loss support for children. As a district, we have teamed up with this organization to bring more supports into the building for grieving students. Currently, we are looking to form a grief and loss support group for our students in grades 3,4 and 5. If your child has had a significant loss in their life and may benefit from this group, please contact Mrs. Staub at astaub@gasd-pa.org or ext. 7125 so that we can discuss whether or not your child will be a good fit for the group. Additional resources will be available to those who are not selected for the group. Thank you.

-Mrs. Staub

Notes from the Nurse



The start of the new year is a good time to make some changes, and we can all make resolutions to be healthy and safe. Here are ten ways to keep our children healthy and safe:

1. Always wear a seat belt and make sure your children do. Children under twelve should ride in the back seat. Auto accidents are the number one cause of death in children.
2. Make sure your child has a properly fitted bike helmet. Bike and scooter accidents are the number one cause of head injuries in children.
3. Make sure your child gets enough sleep. The National Sleep Foundation states that 85% of children age 5-10 do not get the required 9 to 10 hours of sleep.
4. Eat breakfast and make sure your children do. It truly is the most important meal of the day. Without breakfast we are easily distracted, get sleepy, and experience headaches and stomachaches. Our brains need the fuel supplied by food.
5. Eat five servings of fruits and vegetables every day. The health benefits will last a lifetime.
6. Get exercise. We should see that our children get sixty minutes of activity every day. After school, they need to move, not sit in front of a tv playing video games.
7. Take care of your teeth. Remind your children to brush at least three times a day, and especially after eating sugary foods. Help your children floss. See a dentist regularly.
8. Dress for the weather. We have children coming to school not wearing coats. Our policy here at Lincoln is that children without coats will be given one, and they will be expected to go outside for recess.
9. Use a tissue if coughing or sneezing. If no tissue is available, cough into the bend of your elbow, not your hands.
10. Keep your hands away from your eyes, nose and mouth.
Wash your hands frequently. If no water is available, use hand sanitizer.

Wishing you all a safe and healthy new year!! Mrs. Bringardner

February is often the month when flu season peaks. One of the best things you can do for your child and your family is to make sure you get the flu shot each year. The shots can't always prevent the flu, but they can help lessen the severity of illness if you do get the flu. Apparently, this year's flu shot is covering the most prevalent strains, and our flu season is less severe this year. It's not too late to get a flu shot!

If your child is ill and you are wondering if it is just a cold or the flu, here are some guidelines:

<u>Fever:</u>	rarely with a cold	100 or higher with the flu
<u>Chills:</u>	mild with a cold	moderate to severe with the flu
<u>Headache:</u>	mild with a cold	moderate to severe with the flu
<u>Body Aches:</u>	mild with a cold	often severe with the flu
<u>Sneezing:</u>	frequent with a cold	uncommon with the flu
<u>Cough:</u>	mucus producing with a cold	dry, frequent with the flu
<u>Sore throat:</u>	common with a cold	uncommon with the flu
<u>Chest discomfort:</u>	mild with a cold	often severe with the flu



If your child has a temperature greater than 100 in the evening, please do not send your child to school the next day. Our body temperatures are at their lowest in the morning, so your child may not have a fever at 8 am, but will an hour later! Follow the communicable disease regulations and wait until your child has been fever free for 24 hours before sending him or her back to school.
Keep washing your hands!!

Kathleen Bringardner, Lincoln School Nurse

Lincoln Bookstore

Come one, come all to the Lincoln Bookstore!
The Lincoln Bookstore will be open the following days:
February 8
March 8
April 12
May 10

The bookstore will be open from 11-1. The bookstore sells softcover books at all levels (K-5) including chapter books.

All books are on sale for just \$1. Your child is permitted to stop during his/her recess and before and after lunch. Every student that purchases a book is entered into a prize raffle. Please encourage and embrace your child's love of reading and participate!

Title 1: As a parent of a student attending a school that is receiving Federal Title I dollars, you have the right to know the professional qualifications of the teacher(s) and instructional paraprofessional(s) who instruct your child.

Federal law requires every Title I school district to comply and to provide you with the requested information in a timely manner.

We are happy to provide this information to you. At any time, you may ask:

- Whether the teacher met state qualifications and certification requirements for the grade level and subject he/she is teaching,
- Whether the teacher received an emergency or conditional certificate through which state qualifications were waived, and
- What undergraduate or graduate degrees the teacher holds, including graduate certificates and additional degrees, and major(s) or area(s) of concentration.

You may also ask whether your child receives help from a paraprofessional. If your child receives this assistance, we can provide you with information about the paraprofessional's qualifications.

The Every Student Succeeds Act (ESSA) which was signed into law in December 2015 and reauthorizes the Elementary and Secondary Education Act of 1956 (ESEA) includes additional right to know requests. At any time, parents and family members can request: Information on policies regarding student participation in assessment and procedures for opting out, and information on required assessments that include: subject matter



GETTYSBURG AREA SCHOOL DISTRICT

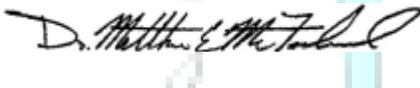
A Great Place To Learn

tested, purpose of the test, source of the requirement, amount of time it takes students to complete the test, and time and format of disseminating results.

Our staff is committed to helping your child develop the academic knowledge and critical thinking he/she needs to succeed in school and beyond. That commitment includes making sure that all of our teachers and paraprofessionals meet applicable Pennsylvania state requirements.

We look forward to the upcoming school year, and together we will make a difference in your child's life.

Yours in education,



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