

# Meet your Gettysburg Athletic Trainer ~ Kayla Rang



**Kayla Rang, MS, LAT, ATC**

A 2008 graduate of Lock Haven University of Pennsylvania. Bachelors in Health Sciences with a concentration in Athletic Training.

A 2009 graduate of East Stroudsburg University. Masters in Athletic Training.

**Office location:** A108 (located behind the gymnasium)

**Email:** [krang@wellspan.org](mailto:krang@wellspan.org)

**Office Phone:** 717-334-6254



## What will an Athletic Trainer do for your student athlete?

- Prevention of athletic injuries
- Recognition, evaluation, and immediate care of athletic injuries
- Rehabilitation and reconditioning of athletic injuries
- Help coordinate care with your personal physician or our team physician, as needed

## Have an injury after hours or on weekends?

- **Call our 24/7 Sports Medicine Injury Hotline**
  - Speak with an on-call sports medicine professional
  - Phone: 877-482-5420
- **Walk into WellSpan Urgent Orthopedics** (hours may vary)
  - **Wellspan Urgent Orthopedics – York**  
2319 S. George Street  
York PA 17403  
M-F, 8:00am – 8:00pm  
Sat & Sun, 9:00am – 6:00pm
  - **WellSpan Urgent Orthopedics - Hanover**  
207 Blooming Grove Road  
Hanover PA 17331  
M-F, 11:00 am to 7:00 pm  
Saturday 9:00am – 2:00pm  
CLOSED Sunday

To reserve your spot at  
WellSpan Urgent Orthopedics go to:  
**WellSpan.org/UrgentOrtho**

**Reserve my spot!**

24/7 Injury Hotline: **(877) 482-5420**  
**WellSpan.org/SportsMedicine**

